

Donna Cardillo, RN presents...

*Empowered Nurse, Enlightened Practice*TM

Miraval Wellness Resort & Spa, Tucson, AZ
Thursday, January 25 through Sunday, January 28, 2024

10
contact
hours*

"Nursing should not be a sacrifice, but one of the highest delights of life." -Florence Nightingale

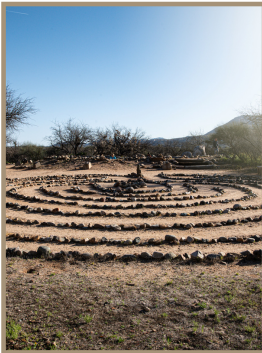
Whether your passion for nursing is fired up or has fizzled out, this event is for you! It has been created to empower, energize, and enlighten you for future success. And it is being offered in a setting that will provide an opportunity for relaxation, reassessment and planning, and recharging.

Workshop objectives:

- Honor, value and celebrate your career path and each other.
- Heal and renew the healer within.
- Build confidence and personal power.
- Become a catalyst for positive change in nursing.

Enjoy:

- Spending time with me and a small group of like-minded nurses.
- Attending fun, energizing morning conference workshops plus optional evening sharing and networking.
- Plenty of free time to enjoy Miraval's brand new Life in Balance Spa, attend Miraval signature offerings, classes, and activities.
- Luxury accommodations and surroundings at "One of the world's top destination spa resorts" as rated by Travel + Leisure



Space is limited so register early!
Early bird registration ends November 30, 2023.

For info, special rates and to register go to:

www.DonnaCardillo.com
or call 848-241-3166

Miraval Tucson – miravalarizona.com

The conference will consist of indoor and outdoor (weather permitting) workshops and activities including leisurely strolling on the grounds. There will also be free time to enjoy the tranquil surroundings or enjoy spa treatments.

**This nursing continuing professional development activity was approved by the American Holistic Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation. 10 Credit hours will be awarded.*



Donna Cardillo, RN, MA, CSP, FAAN The Inspiration Nurse is a healer, teacher, and transformational keynote speaker. Donna is the author of four books including *Falling Together – How to Find Balance, Joy, and Meaningful Change When Your Life Seems to be Falling Apart*. She is also a Meditation Teacher, Forest Therapy Guide, and Reiki Master.