# Empowered Nurse, Enlightened Practice

A transformative conference and retreat for nurses at every stage of their careers



## Presented by Donna Cardillo, RN The Inspiration Nurse

September 15-18, 2022 Canyon Ranch, Lenox, MA

## SEIZE YOUR MOMENT

Visualize yourself at this Berkshires resort. It's always time to get back to nature – your nature. To breathe. To evolve.

## "Nursing should not be a sacrifice, but one of the highest delights of life." – Florence Nightingale

Whether your passion for nursing is fired up or has fizzled out, this event is for you! It has been created to empower, energize, and enlighten you for future success. And it is being offered in a setting that will provide an opportunity for relaxation, reassessment and planning, and recharging.

#### Workshop Objectives:

- Honor, value and celebrate your career path and each other
- Heal and renew the healer within
- Build confidence and personal power
- Become a catalyst for positive change in nursing

#### Enjoy:

- Spending time with me and a small group of like-minded nurses
- Fun, energizing morning conference workshops plus optional evening sharing and networking
- Plenty of free time to enjoy the resort
- Spa treatments and campus activities
- Whirlpool, steam room, sauna
- Indoor and outdoor pools
- World-class cuisine
- Hiking and walking trails and much more







## Space is limited so register early!

Early bird registration ends July 31, 2022 For info, special rates and to register go to <u>www.donnacardillo.com</u> or call 848-241-3166



### Donna Cardillo, MA, RN, CSP, FAAN

The Inspiration Nurse is a healer, teacher, and transformational keynote speaker. Donna is the author of four books including *Falling Together - How to Find Balance, Joy, and Meaningful Change When Your Life Seems to be Falling Apart.* She is also a Meditation Teacher, Forest Therapy Guide, Reiki Master, and Labyrinth Facilitator.

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\*This continuing nursing education activity was approved by New Jersey State Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission On Accreditation.