

Nurses Walking for Wellness on World Labyrinth Day

Saturday, May 1st from 12:30 PM - 2:00 PM

(rain or shine)

The Upper Room Spiritual Center
3455 West Bangs Avenue, Building 2, Neptune, NJ
(behind Holy Innocence Church)

RSVP to this FREE event:

DonnaCardillo.com/events



May 1 is World Labyrinth Day and NJ Nurses are Walking for Wellness for...



Themselves



Their patients'



The world

World Labyrinth Day is an event created by The Labyrinth Society as a worldwide action to **"Walk as One at 1"** local time to create a rolling wave of peaceful energy across the globe.

**I have organized this special event to bring nurses together to
begin this planetary healing journey.**

Before starting our walk, I will provide a brief history and background of the labyrinth and guidance on how to use this ancient spiritual tool.

Your facilitator and host: Donna Cardillo, RN, The Inspiration Nurse.
Donna is a Veriditas-trained labyrinth facilitator, Reiki Master, Certified
Meditation Teacher, and Certified Forest Therapy Guide.
Call 848-241-3166 or Visit DonnaCardillo.com



Donna Cardillo
The Inspiration Nurse
RN
CSP
FRANK