

"Nursing should not be a sacrifice, but one of the highest delights of life." – Florence Nightingale

Whether your passion for nursing is fired up or has fizzled out, this event is for you!

It has been created to empower, energize, and enlighten you for future success.

And it is being offered in a setting that will provide an opportunity for relaxation, reassessment and planning, and recharging.



## Workshop Objectives:

- Honor, value and celebrate your career path and each other
- Heal and renew the healer within
- Build confidence and personal power
- Become a catalyst for positive change in nursing

## Enjoy:

- Spending time with me and a small group of like-minded nurses
- Attending fun, energizing morning conference workshops plus optional evening sharing and networking
- Plenty of free time to enjoy Miraval's brand new Life in Balance Spa, attend Miraval signature offerings, classes, and activities
- Luxury accommodations and surroundings at "One of the world's top destination spa resorts" as rated by Travel + Leisure

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The Inspiration Nurse is a healer, teacher, and transformational keynote speaker. Donna is the author of four books including Falling Together - How to Find Balance, Joy, and Meaningful Change When Your Life Seems to be Falling Apart. She is also a Meditation Teacher, Forest Therapy Guide, and Reiki Master.

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