

Donna Cardillo, RN *presents...*

Empowered Nurse, Enlightened Practice™

A transformative conference and retreat for nurses at every stage of their careers

Friday, December 2 through Sunday, December 4, 2016

Hosted by

The Kripalu Center for Yoga & Health

Stockbridge, Massachusetts

Kripalu.org

9.5
Contact
Hours*

Kripalu®
Center for Yoga & Health

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“Nursing should not be a sacrifice, but one of the highest delights of life.”– Florence Nightingale

Whether your passion for nursing is fired up or has fizzled out, ***this event is for you!***

It has been created to empower, energize, and enlighten you for future success. And it is being offered in a setting that will provide an opportunity for relaxation, reassessment and planning, and recharging.

Workshop Objectives:

- Honor, value and celebrate your career path and each other
- Heal and renew the healer within
- Build confidence and personal power
- Become a catalyst for positive change in nursing

Enjoy:

- Spending time with Donna and a small group of like-minded nurses
- Attending fun, energizing conference workshops and activities, plus great networking
- Plenty of free time to enjoy Kripalu’s yoga classes, massage & healing arts, hiking and walking trails, and much more!

DonnaCardillo.com | 732.449.9666

***Space is limited
so register early!***

Kripalu.org
or call 866.200.5203

Donna Cardillo, RN, MA, CSP is The Inspiration Nurse. She is an expert blogger at DoctorOz.com and author of *The ULTIMATE Career Guide for Nurses*; *Your 1st Year as a Nurse*; *A Daybook for Beginning Nurses*; and *Falling Together: How to Find Balance, Joy, and Meaningful Change When Your Life Seems to be Falling Apart*

*This continuing nursing education activity was approved by New Jersey State Nurses Association, an accredited approver by the American Nurses Credentialing Center’s Commission On Accreditation.