



- CSP Designation - Certified Speaking Professional
- Expert blogger at DoctorOz.com
- 'Dear Donna' advice columnist at Nurse.com
- Award-winning entrepreneur
- Author
- Athena Award recipient, national leadership award for women
- Past President and founding member of NJ Chapter of National Association of Women Business Owners (NAWBO)
- Past President and founding member of NJ Chapter of National Speakers Association (NSA)
- Spokesperson for family caregivers

Donna Cardillo RN, CSP

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Donna Cardillo[®]

The Inspiration Nurse

Living Fearlessly in Career and Life

Donna is a powerhouse of energy, wisdom, humor, and solid content. With two decades of speaking experience, she has travelled the world uplifting, inspiring, and enlightening those she comes in contact with. Donna has been referred to as a positive force of nature who lights a path for others to follow.

Experience the energy and enthusiasm of a live presentation by Donna. She will ignite a fire under you and start you on a journey of exploration and discovery that will enable you to avail yourself of all that life has to offer. Donna is practicing what she preaches and living her dream.

Share the passion!

Popular Programs:

Becoming Fearless in Career and Life

- Develop courage & energy to move from fear to freedom
- Live and work to your highest potential
- Use current and past challenges as a springboard for success

You Can't Change the Wind But You Can Adjust Your Sails

- Understand & overcome the fear of change
- Figure out what to do "when you grow up"
- Maintain inner calm in the midst of outer chaos

Life Transitions: Where Do I Go From Here?

- Reinvent yourself on a regular basis
- Stay relevant at any age
- Create a new roadmap for the rest of your life

Taking Care of You, Inc. - The Business of Self Care

- Stay energized and focused
- Utilize the power of disengagement
- Tap into universal energy and wisdom

Nursing - The Future is Ours!

- Change how we see ourselves, our profession, and our capabilities
- Evolve into a 'superpower' in healthcare
- Get in shape to meet the challenges – and opportunities – of the future

Clients include:

Sanofi-Aventis

Bayer HealthCare

Johnson & Johnson

United Healthcare

Horizon Blue Cross & Blue Shield

Press Ganey

Mayo Clinic

Lahey Clinic

Monster.com

Gannett Healthcare Group

Baylor Healthcare Systems

Children's National Medical Center

Children's Hospital of Philadelphia (CHOP)

National Association of Healthcare Recruiters

National Association of
Healthcare Administrators

Princeton Medical Center

New Jersey Hospital Association

College and Association of
Registered Nurses of Alberta

National Association of School Nurses

Geisinger Health Systems

New York University

Robert Wood Johnson University Hospital

Hackensack University Medical Center

Association of periOperative
Registered Nurses (AORN)

Donna Cardillo

 RN, CSP

"I just want to thank you for delivering such an inspiring talk at the Governor's Conference for Women. You were engaging and humorous, but your biggest strength was your message. It was powerful and honest—words that can only be spoken by someone who has lived to tell the story. Thanks for being a beacon of light!"

Michelle Maccia
Conference Attendee

"Thank you, thank you and thank you for the joy you brought to so many. Verbal feedback was extremely positive; and the written evaluations certainly confirm that with numerous positive comments like "she is great," "excellent speaker," "love her," "great catch," "inspirational," "very fun & energetic," and "thoroughly enjoyed this speaker," just to cite a few. The planning team and I are just thrilled with how everything went so smoothly."

Kenn M.
Kirksey Director, The Center for Nursing Research, SETON Family of Hospitals

"Your ability to identify the struggles and challenges we are all facing in healthcare, and share realistic approaches to help us deal with these challenges, was really quite amazing! You have been able to give us clear guidance in navigating our future with many issues, including those of the heart. Thank you for your time, good humor, warmth, and professionalism."

Phyllis Capiaghi
Patient Care Director Behavioral Health, Englewood Hospital and Medical Center

"Thank you for a magnificent presentation. Your seminar was just what we needed; engaging, encouraging and packed full with vital information that was timely and specific. You did all this in a style that was dynamic and of good humor. You immediately built trust and everyone felt your genuine friendship."

Eleanore Sudbrock
Director of Recruitment/Retention, Catholic Medical Center

"You are such an informative and dynamic speaker. Your commitment to motivating healthcare professionals is clearly noted throughout your presentation. You are a very warm, caring, and exceptional person. We applaud you and thank you."

Joseph A. Fiorentino
Vice President of Patient Care Services, The Parkway Hospital

"Donna is extremely professional, upbeat and reality based. Her enthusiasm is contagious!"

Christine Decker
PriceWaterhouseCoopers

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Associations

National Speakers Association (NSA)

National Association of Women Business Owners (NAWBO)

New Jersey State Nurses Association

American Nurses Association (ANA)

Sigma Theta Tau International

National Nurses in Business Association (NNBA)